

FW: Welfare Bulletin - Trinity Term 2018

Pete Mandeville

Tue 09/10/2018 15:53

To: Jessica Keating <jessica.keating@admin.ox.ac.uk>;

From: Student Welfare and Support Services [mailto:swss@admin.ox.ac.uk]

Sent: 24 May 2018 10:58

To: Student Welfare and Support Services <swss@admin.ox.ac.uk>

Subject: Welfare Bulletin - Trinity Term 2018



Welfare Bulletin

Trinity Term 2018

Welcome

Welcome to the Trinity edition of the Welfare Bulletin. We hope that you find the new layout and format easier to read and share with colleagues. We would be really grateful for any comments and suggestions on the new layout Bulletin, so please do [get in contact](#).

News

UUK Suicide Conference

Alan Percy, Head of the Counselling Service, was invited to speak at a recent conference on suicide in higher education. The issue has received a significant amount of press coverage, particularly around a cluster of student suicides in Bristol.

If you have concerns that a student is a serious risk of harm to themselves ensure that you escalate these concerns to a senior member of staff or seek confidential advice from the duty counsellor via 01865 280449.

Student Wellbeing Subcommittee

SWSC met in 4th week and considered a number of strategic papers, notably the review of the Peer Support programme that operates across a number of colleges and departments, noting changes to formal agreements. The Committee also approved amended [Guidance on Confidentiality in Student Health and Welfare](#), and a request to the Napier Fund to deliver a transition event for new undergraduate students with Autistic Spectrum Conditions. The Committee also received a verbal report on the progress of the Sexual Violence Working Group outcomes and on embedding counsellors in colleges.

Open papers of the recent meeting available on the [SharePoint site](#).

Events

Assistive Technology workshop

The DAS is running a 1 hour session on IT tools to help students study effectively and efficiently on 30 May. These events are popular so booking early is advised. Further details and a booking link are available on the [IT Services website](#).

Disability Professionals Forum

The next Disability Professionals Forum takes place at Linacre College on Monday 4 June (week 7), 2.00 – 3.30pm. The Forum is for college and department staff who have a role as Disability Coordinator or Disability Lead.

Email disability@admin.ox.ac.uk if you would like more details or to book a place.

Guidance

Aspergers Syndrome

'Asperger Syndrome' was merged under the umbrella term 'autism spectrum disorder' in the most recent edition of the diagnostic criteria (DSM), although many students strongly identify with the label and have chosen to continue describing themselves as 'having Asperger's'. Recent research has highlighted that Hans Asperger may have supported the Nazi regime and as such it is possible that some students will want to distance themselves from this term.

The Disability Advisory Service would suggest that autism spectrum condition/disorder is the best terminology to use, but that it is still fine to talk about 'Aspergers' if this is the student's preference.

Confidentiality in Student Health and Welfare

Following approval by Student Wellbeing Subcommittee, updated guidance on Confidentiality in Student Health and Welfare is now available on the [welfare webpages](#). The updated document is guidance on best practice and is available for colleges to use and adapt as they feel appropriate.

Services

DAS drop-in sessions

The DAS continue to offer student drop-in sessions this term. Students will be seen on a first-come, first served basis by a Disability Advisor who can spend up to 10 minutes dealing with any quick queries.

Drop-in sessions are available every weekday, 12-1pm during weeks 0-9 at 3 Worcester Street.

Further details are available on the [DAS website](#).

Student Resolution Service

The service is for students finding themselves in conflict with another student, for example over accommodation issues, noise, access to resources, or academic work.

If you are aware of any students who might benefit from this service or want to have a confidential chat please email: mediation@admin.ox.ac.uk

Resources

New Counselling Podcasts

The Counselling Service has recently released two new podcasts aimed at supporting students. The first is on facing finals and the second on why people who need counselling don't come for counselling. The new podcasts, along with many more can be found on the [supportive resources webpage](#).

Study Skills Workshop recordings

Students can access the recordings of two study skills workshops organised by DAS last term – one on revision and exam prep, and one on planning and organisation. Both are available from the [DAS WebLearn site](#).

Awareness days

The university supports a number of awareness days, but it can be difficult to keep track of them all. Colleagues in communications have suggested sharing the [Awareness Calendar](#).

The Welfare Bulletin is published by Student Welfare and Support Services for welfare contacts and interested people within the collegiate university. Please do share with colleagues or students.

The next edition of the Welfare Bulletin will be circulated in 5th week Michealmas Term. Please send any contribution for inclusion to [Pete Mandeville](#) by 6 Oct 2018.

To subscribe to the Bulletin email: aad_student_welfare-subscribe@maillist.admin.ox.ac.uk from the email address you wish to subscribe from, leaving the message and subject fields blank.

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The Welfare Bulletin is published by Student Welfare and Support Services, 3 Worcester Street.