

Welfare Bulletin - Michaelmas Term 2018

Student Welfare and Support Services

Thu 08/11/2018 09:56

To: Student Welfare and Support Services <swss@admin.ox.ac.uk>;

📎 2 attachments (2 MB)

Latent TB Awareness Leaflet.pdf; Countries and LTBI.jpg;



Welfare Bulletin

Michaelmas Term 2018

Welcome to the Michaelmas edition of the Welfare Bulletin. As you can see, it contains quite a lot of information but we hope it is useful for you. If you have any questions, do get in touch.

You may also notice new branding seen in the header of the bulletin. This mirrors the new print material that we have produced over the summer vacation, including service leaflets and posters. We hope that you like the new SWSS branding and find the layout and format easy to read and share with colleagues and students.

We would be grateful for any comments and suggestions, so please get in contact.

News

Launch of the Sexual Harassment and Violence Support Service

The new support service for students affected by sexual harassment and violence launched at the start of Michaelmas Term and has proven popular, with demand to speak to a specialist advisor higher than anticipated. Please direct students who wish to speak about an experience to: supportservice@admin.ox.ac.uk. The service is also available to support students who have been accused of sexual harassment and violence.

Confidential consultations on student cases are available to staff if you would like advice - please call 289815.

We are also increasing the number of specialist advisors in the service. If you would be interested in supporting students and can offer up to two hours per week in term time, please contact [Pete](#) for more information.

Colleagues can support the service by putting up posters, including ones designed for the back of toilet doors. If you would like more materials, please [email](#).



Campaign launched to encourage students to get active at Oxford

[Active at Oxford](#) launched this term to promote the benefits of getting active to students. The campaign also encourages students to responsibly balance sport and study. A [print leaflet](#) has been distributed to colleges and departments, and colleagues are asked to make students aware of the campaign. For more information see www.ox.ac.uk/activeatoxford.

Policy & Guidance

Revised Transgender policy and guidance

The University's revised Transgender policy and guidance were agreed by Council in February 2018 and are available on the Equality and Diversity Unit's webpages: www.admin.ox.ac.uk/eop/transgender

Latent tuberculosis

Public Health England, as part of a national strategy to eliminate tuberculosis (TB), is rolling out a programme in Oxfordshire to identify and treat cases of latent TB infection. The provision is a free blood test to identify and, if necessary, treat the infection. An awareness leaflet is attached for information.

Vaccinations

Public Health England recommends that students starting university are up to date with their Meningitis ACWY (MenACWY) and measles, mumps and rubella (MMR) vaccines to ensure they are protected against diseases that spread quickly in large gatherings.

Anyone who has missed out on the MenACWY vaccine can still get vaccinated free of charge, through their GP until their 25th birthday. The MMR vaccine is available for free to anyone who did not receive two doses as a child.

Student Wellbeing Subcommittee

Student Wellbeing Subcommittee met on 30 October. Open papers of the meeting are available on the [SharePoint page](#).

Confidentiality in Student Health and Welfare

Updated guidance on Confidentiality in Student Health and Welfare is available on the [welfare webpages](#). The updated document is guidance on best practice and is available for colleges to use and adapt as they feel appropriate.

Services

Student Resolution Service

This free service is available where students are in conflict with one another and where mediation might be suitable.

If you are aware of any students who might benefit from this service or want to have a confidential chat please email: mediation@admin.ox.ac.uk.

Disability Advisory Service drop-in sessions

The DAS continue to offer drop-in sessions which are held during term time (weeks 0-9) at 3 Worcester Street. Students are seen on a first-come, first served basis by a disability advisor who can spend up to 10 minutes dealing with quick queries. The drop-in sessions are available at the following times:

1.00 pm - 2.00 pm on Monday, Tuesday, Wednesday and Friday

1.00 pm - 4.00 pm on Thursday

Further details are available on the [DAS website](#).



The Sexual Assault Referral Centre (SARC) in the north of the Thames Valley has been relocated from Bletchley to Bicester. The SARC is in its own newly refurbished building within the grounds of Thames Valley Police's Bicester Police Station. The address is: Solace Centre, Police House, Queens Avenue, Bicester, OX26 2NT.

There is no change to the way in which you can refer individuals to the SARC. To make a referral, please continue to telephone the service on 0300 130 3036.

www.solacesarc.org.uk

Training & Events

Junior Dean training

The Peer Support Programme Junior Dean training is an extensive course of 30 hours of training (10 sessions), provided by SWSS. The Junior Dean training has been successfully running since 1995. The training covers pastoral care and focuses on listening and support skills. In addition, issues to do with mental health, note taking, referrals, assertiveness, suicide prevention and getting to know the welfare structures within and outside the University will be highlighted and discussed.

The cost is £500, which includes the 30 hour training and fortnightly supervision. The charges made cover the cost of running the programme. There are two rounds of training, at Easter and September. Please contact [Tim](#).

Sexual violence awareness training for staff

Further information and dates will be available soon regarding specialist sexual violence awareness training for staff. Contact [Pete](#) with any questions.

Raising awareness



fighting depression

Charlie Waller Memorial Trust training

Colleagues are reminded of the excellent, and free, online training offered by the Charlie Waller Memorial Trust (CWMT) focussed on supporting students and mental health. The materials are available [here](#).

Resources

The Oxford Vacation Guide

The Oxford Vacation Guide provides information about what is happening in and around Oxford during the Christmas vacation for those who are less familiar with Oxford, such as new and visiting students, so that everyone can make the most of the Christmas vacation.

www.oxfordvacationguide.com

Bipolar Disorder and Creative Process

A discussion of bipolar disorder and creative process, between Professor Lucy Newlyn and Dr Richard Lawes. This followed the publication of Lucy's 15-year memoir, 'Diary of a Bipolar Explorer'. The conversation took place on 10 May 2018 at St Edmund Hall and can be listened to here: <https://youtu.be/fOB11Z1r7gM>.

Wellbeing Walks

Every Friday in term time, students can meet at Keble Gate at 12.00 noon for a walk with friendly college dogs around University Parks. A chance to unwind and enjoy some down time with the lovely dogs. (All dogs supplied!) This is organised by Oxford SU.

The Welfare Bulletin is published by Student Welfare and Support Services for welfare contacts and interested people within the collegiate university. Please do share with colleagues or students.

The next edition of the Welfare Bulletin will be circulated in 5th week Hilary Term. Please send any contributions for inclusion to [Pete Mandeville](#) by 12 Jan 2019.



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